



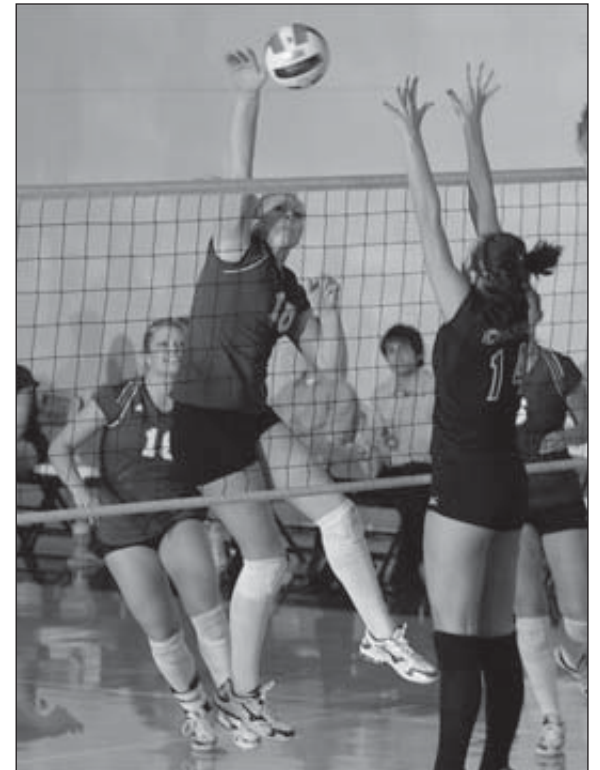
820 N Washington Ave.
Madison, SD 57042



2010



DSU Volleyball Camps



Setters Clinic

June 21 (9:30 a.m. - 4:00 p.m.)

Grades 7-12

Camper fee: \$75.00 (includes lunch)

Instruction will focus on all aspects of setting: footwork, form and technique, consistency, setting different tempos, jump setting, attacking, deception, and emergency skills.

Hitters Clinic

June 22 (9:30 a.m. - 4:00 p.m.)

Grades 7-12

Camper fee: \$75.00 (includes lunch)

Instruction will focus on all aspects of attacking: approach footwork, arm swing, shot selection, position specific attacks, and transition.

Serve, Serve Receive, and Defense Clinic

June 23 (9:30 a.m. - 4 p.m.)

Grades 7-12

Camper fee: \$75.00 (includes lunch)

Serving and serve receive are the most important skills in volleyball. Serving training will include: technique, specialization, and accuracy. Serve receive training will include: posture, footwork, underhand and over hand technique, accuracy, and tempo. Defensive instruction will focus on basic ball handling skills as well as emergency defensive skills including sprawling, pancakes, and overhead digging.

General Information

- Every camper will receive a t-shirt
- 1:10 ratio of coach to camper
- Air conditioned facility
- A qualified staff comprised of collegiate and high school coaches and elite college athletes
- Camp store with clothing and food
- Lunch will be provided



DSU Summer Volleyball Camp Individual Registration Form

Confirmation to be sent via email so please print clearly!

Camper's Name: _____

Age: _____

Grade (entering Fall 2010) _____

Address: _____

City: _____

State: _____ Zip: _____

Email (required): _____

School: _____

Phone: _____

Parent(s) _____

T-shirt size (circle one):

S M L XL

Position (circle one):

S OH MH RS DS/L

Select Camp(s):

___ Setters Clinic (\$75)

___ Hitters Clinic (\$75)

___ Serve, Serve Receive, and Defensive Clinic (\$75)

Complete registration form and return along with fee to:

DSU Volleyball
DSU Fieldhouse
1302 N. Washington
Madison, SD 57042

Please make check payable to DSU Volleyball