

October 2009—ZIMMERMAN HALL WEIGHT ROOM SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 SB 6:00-7:45 am	3
4	5 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	6 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	7 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	8 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	9 SB 6:00-7:45 am	10
11	12 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	13 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	14 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	15 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	16 SB 6:00-7:45 am	17
18	19 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	20 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	21 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	22 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	23 SB 6:00-7:45 am	24
25	26 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	27 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	28 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	29 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	30 SB 6:00-7:45 am	31

November 2009—ZIMMERMAN HALL WEIGHT ROOM SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	3 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	4 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	5 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	6 SB 6:00-7:45 am	7
8	9 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	10 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	11 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	12 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	13 SB 6:00-7:45 am	14
15	16 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	17 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	18 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	19 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	20 SB 6:00-7:45 am	21
22	23 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	24 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	25 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	26 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	27 SB 6:00-7:45 am	28
29	30 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm					

December 2009—ZIMMERMAN HALL WEIGHT ROOM SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	2 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	3 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	4 SB 6:00-7:45 am	5
6	7 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	8 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	9 SB 6:00-7:45 am FB 8:00-9:00 am FB 12:00-1:00 pm	10 BB 6:00-7:30 am FB 8:00-9:00 am FB 12:00-1:00 pm	11 SB 6:00-7:45 am	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		