



Dakota State University

TROJAN ATHLETICS

Athletic Media Relations - Softball



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2010 Schedule

Date	Opponent	Time/Results
Feb. 27	Valley City State \$	L 1-12 (5)
Feb. 27	Bemidji State \$	W 5-3
Feb. 28	Southwest Minnesota State \$	L 0-4
Feb. 28	Univ. of Minnesota-Crookston \$	W 9-4
March 21	Black Hills State* @	L 2-9
March 21	Black Hills State* @	L 1-9 (5)
March 22	Black Hills State* @	L 4-12 (5)
March 22	Black Hills State* @	L 5-11
March 24	South Dakota State	L 2-10 (6)
March 25	University of Sioux Falls	L 3-4 (9)
March 25	University of Sioux Falls	W 4-3
March 29	Mount Marty	L 2-9
March 29	Mount Marty	L 0-5
April 2	Valley City State*	L 2-9
April 2	Valley City State*	W 7-0
April 3	Valley City State*	L 1-5
April 3	Valley City State*	W 9-8
April 8	Dakota Wesleyan	L 0-2
April 8	Dakota Wesleyan	W 6-1
April 10	Minot State*	L 1-6
April 10	Minot State*	L 0-11 (5)
April 11	Minot State*	L 0-6
April 11	Minot State*	L 4-8
April 13	South Dakota	L 1-9 (5)
April 13	South Dakota	L 2-11 (6)
April 15	Mount Marty	L 6-9
April 15	Mount Marty	W 9-1 (6)
April 17	Mayville State*	L 2-4
April 17	Mayville State*	L 2-10 (5)
April 18	Mayville State*	L 6-9
April 18	Mayville State*	W 12-2 (5)
April 21	University of Sioux Falls	5:00 p.m.
April 21	University of Sioux Falls	7:00 p.m.
April 24	Jamestown*	1:00 p.m.
April 24	Jamestown*	3:00 p.m.
April 25	Jamestown*	1:00 p.m.
April 25	Jamestown*	3:00 p.m.
April 28	Dakota Wesleyan	5:00 p.m.
April 28	Dakota Wesleyan	7:00 p.m.
May 1	Dickinson State*	1:00 p.m.
May 1	Dickinson State*	3:00 p.m.
May 2	Dickinson State*	1:00 p.m.
May 2	Dickinson State*	3:00 p.m.
May 7	DAC Postseason Tournament	TBA
May 8	DAC Postseason Tournament	TBA
May 20-26	NAIA Softball National Championship	TBA

* Dakota Athletic Conference Game
\$ Husky Invitational (St. Cloud, Minn.)
@ Rapid City, S.D.

Trojans vs. U. of Sioux Falls/Jamestown Preview

The Dakota State University softball team returns home on Wednesday evening as the Trojans host their in-state rival University of Sioux Falls. The non-conference doubleheader will start at 5 p.m. at the Thue Softball Complex in Madison, S.D. The Trojans are 8-23 overall record and 3-13 in the DAC conference this season. USF has won their last four games and is 6-20 overall. USF and DSU split their doubleheader in Sioux Falls on March 25th. The Cougars won game one 4-3 in nine innings and the Trojans rallied with a four-run seventh inning to defeat USF 4-3 in game two.

On Saturday and Sunday, the Trojans will continue their DAC conference schedule on the road. DSU will travel to Jamestown for a four-game series. The doubleheader starts at 1 p.m. on Saturday and Sunday. The Jimmies are 22-10 overall this season and 6-2 in the DAC. Jamestown plays at Valley City State on Tuesday and hosts NCAA Division II University of Mary on Thursday.

TEAM MATCHUPS



Current Record:	8-23	6-20	22-10
Scoring:	108	52	206
Batting:	.302	.244	.349
RBI	100	49	184
Runs	108	52	216
Hits	245	159	304
Doubles	27	16	57
Triples	6	5	11
Home Runs	9	1	20
Slugging %	.383	.288	.508
Pitching:	188.2	164.2	201.2
Hits Allowed	329	217	243
Earned Runs	158	126	123
Base on Balls	74	83	61
Strike Outs	83	112	104
Opponent Batting Average	.376	.310	.276

2010 U. of Sioux Falls Cougar Roster

No.	Name	Year	Pos.	Hometown
1	Katie Farley	SR	SS	Brandon, S.D.
2	Brianna Hegdahl	SO	UTIL	Howard, S.D.
3	Jamie Sorensen	JR	P/2B/3B	Omaha, Neb.
6	Caitlin Block	JR	2B	Burbank, Calif.
11	Christina Bonrud	JR	P/UTIL	Tea, S.D.
12	Lindsey Johnson	JR	P/OF	Brandon, S.D.
18	Naomi Tesar	FR	SS/2B/3B	Lake Villa, Ill.
20	Andrea Hacker	JR	OF	Spokane, Wash.
21	Janni Brylla	FR	P	Oceanside, Calif.
23	Baylee Washburn	SO	C/OF	Hornick, Iowa
25	Shae Reinke	FR	C/OF	Pierce, Neb.

Head Coach: Kristin Kono (1st year)
Assistant Coach: Jeff Belben
Assistant Coach/Pitching: Corey Christensen
Student Assistant Coach: Travis Lape



2010 Jamestown Jimmie Roster

No.	Name	Year	Pos.	Hometown
1	Celene Eccles	FR	INF	Delta, BC
3	Heather Haegele	SO	OF	Kalispell, Mont.
4	Sarah Heinemann	JR	OF/P	N. Battleford, SK
5	Alyssa Lovas	FR	INF	Chino, Calif.
7	Kate Street	JR	P	Stevensville, Mont.
9	Amy Shadinger	JR	SS	Campanillo, Calif.
10	Cassie Hite	SO	P/1B	Ocklawaha, Fla.
14	Kelsie Jensen	JR	C/3B	Gull Lake, SK
15	Becky Lewis	JR	1B/OF	Peoria, Ariz.
16	Page Studier	FR	INF/C	Grosse Isle, MB
17	Courtney Wong	SR	C	Renton, Wash.
19	Amber Orizotti	FR	OF	Butte, Mont.
22	Ashley Smoke	SO	1B/C	Dakota Plains, MB
23	Jessica Lees	SO	P	Arcola, SK
29	Alice Branden	SO	INF	Detroit Lakes, Minn.
44	Alyssa Record	JR	P/OF	Delta, BC
55	Karly Penner	FR	OF	LaRiviere, MB

Head Coach: Kevin Gall (10th year)
Assistant Coach: Tracy Erickson



DSU Quick Facts

Founded: 1881
Enrollment: 2,861
Team Colors: Royal Blue and Laker Gold
Team Nickname: Trojans
Home Arena: DSU Field House
National Affiliation: NAIA
Conference Affiliation: Dakota Athletic Conference
President: Dr. Douglas Knowlton
Athletic Director: Gene Wockenfuss

Softball History Notes:

2009-2010 Record (conf.) / DAC Finish: 7-9 / 4th Place

2009 DAC Postseason Play: Dakota State suffered a first round loss to fifth seeded Black Hills State 8-1.

The Trojans were eliminated by third seeded Minot State 9-1 in the loser's out game. The tournament was held in Dickinson, N.D.

www.dsuathletics.com



2010 Dakota State Trojan Softball Roster

Table with 5 columns: No., Name, Year, Position, Hometown. Lists 20 players including Ashton Lansink, Jayne Peterson, Kelsie Peterson, etc.

Head Coach: Ken Prorok (4th Year) Assistant Coach: Brittany Postma

Trojan Softball Upcoming Games

Wednesday, April 28th



Dakota Wesleyan @ Dakota State Thue Complex—5 p.m./7 p.m.—Madison, S.D.

Saturday/Sunday, May 1st/2nd



#12 Dickinson State @ Dakota State Thue Complex—1 p.m./3 p.m.—Madison, S.D.

Quick Leaders



Ashley Souphimudara Batting Average: .376



Danielle Vitale RBIs: 19



Ashton Lansink ERA: 5.47



Maddie Willers Strikeouts: 50



Ashley Souphimudara Stolen Bases: 22

Trojan Conference Championship Banners

1981 1982 1983 1984

NAIA Regional Tournament Appearances

2002 2003



Local Forecast Weather as of 4/21/10

4/21 Evening (Mad), 4/24 (Jamestown) 4/25 (Jamestown)



Sunny Precip: 10% Wind: N/E 5-10 Showers Precip: 50% Wind: NE 5-10 Few Showers Precip: 30% Wind: ENE 5-15

2010 DAC Softball Standings [as of 4/21/10]

Table with 5 columns: No., Team, DAC, Overall, Streak. Lists teams like Minot State, Dickinson State, Jamestown, etc.

Head Coach Ken Prorok

Ken Prorok, a native of Lincoln, Neb., enters his fourth year as the Head Softball coach for the Trojans and his fifth with the program.



During the 2008 season, the Trojans managed to be perfect at home outscoring their opponents 32-1. The 2008 squad also set single season records for walks (138) and home runs (28).

He has been with the university athletic department for eight years, from 2001-2005 he served as the Associate Head Baseball Coach for the Trojans where he helped guide them to three straight regional appearances.

Prorok played competitive fast pitch for 14 years. His teams qualified for 12 state tournaments (1991-1999, 2006-2008), four A.S.A. Regional Tournaments (1995, 1997, 1998 and 2006) and four N.A.F.A. World Series events (1996, 1998, 2006 and 2007).

In addition to his softball duties, Prorok serves as an instructor in the college of education at DSU.

Prorok resides just outside of Madison, S.D. with his wife Renee and their three children—Brooke, Taylor and J.D.

Assistant Coach

Brittany Postma joins the Trojan coaching staff as a graduate assistant for the 2010 season after four years as a starter in the outfield at South Dakota State University (NCAA D-I).



In her first year with the Jackrabbits, Postma was named Independent Newcomer of the week following a solid weekend at the Buzz Classic (Georgia Tech Invitational). She started 49 games her freshman year and earned "Iron Jack" honors for her efforts in the weight room.

Upon completing another solid season her junior year where she hit .339 and was named 1st team All-Conference. Postma was selected to 2008 Black Hills Gold team. The Black Hills Gold team, coached by current Dakota State Head Coach Ken Prorok, was formed to play only one game against Team USA in an exhibition game on July 15th, 2008 in Rapid City, S.D.

Postma concluded her collegiate career in 2009 hitting .307, leading the Jackrabbits in runs scored, stolen bases and triples. She was also named as a National Strength and Conditioning Association All-American recognizing her dedication to strength and conditioning.

During her collegiate career, Postma faced some of the nations' top programs facing Arizona State, UCLA, Texas Tech, Iowa, Louisville, Creighton, Nebraska, North Dakota State, Oregon and Missouri, just to name a few.

Postma will be pursuing a master's degree in education technology at Dakota State this year.