

PM

University of Sioux Fall 2010 - 5/15/2010
Sioux Falls, SD
Results

Women 100 Meter Dash

Name	Year School	Seed	Finals	Wind
Finals				
1 BROUWER, JENNA	DORDT	12.30	12.39	1.0
2 BEDARD, BECCA	SIOUX FALLS	12.43	12.59	1.0
3 HUNHOFF, KAILEY	DAKOTA WESLE	13.10	13.03	1.0
4 FRANJE, SARAH	DORDT	13.50	13.46	1.0

Women 800 Meter Run

Name	Year School	Seed	Finals
1 HUDELSON, JESSICA	MORNINGSIDE	2:14.44	2:14.65
2 YOUNG, BRITTANY	DAKOTA STATE	2:17.50	2:15.56
3 WARNKE, STEPHANIE	DAKOTA STATE	2:19.00	2:16.18
4 KNIGHT, KENDRA	SIOUX FALLS	2:18.39	2:16.21
5 ZOMER, SIERRA	DORDT	2:19.00	2:17.80
6 SEIER, NICOLE	MORNINGSIDE	2:18.87	2:18.36
7 MATHES, BREANNA	MORNINGSIDE	2:18.67	2:18.68
8 HOEFS, HEATHER	MORNINGSIDE	2:19.19	2:19.13
9 BIEDERMAN, RACHEL	AUGUSTANA	2:19.00	2:20.53
10 HARKEMA, MERISSA	DORDT	2:21.00	2:23.31
11 POSTMA, TARA	DORDT	2:23.00	2:24.36

Women 1500 Meter Run

Name	Year School	Seed	Finals
1 NELSON, KARA	MORNINGSIDE	4:48.21	4:44.20
2 HARKEMA, MERISSA	DORDT	4:48.00	4:45.17

Women 100 Meter Hurdles

Name	Year School	Seed	Finals	Wind
1 SANNERUD, SARAH	SIOUX FALLS	15.14	14.89	1.2
2 WUBBEN, BRIANA	DORDT	15.13	15.13	1.2
3 JOHNSON, JORDAN	SIOUX FALLS	15.60	15.79	1.2

Women 400 Meter Hurdles

Name	Year School	Seed	Finals
1 REINHARDT, LINDSAY	SIOUX FALLS	1:03.51	1:04.28
2 SYVERSON, ALISON	SIOUX FALLS	1:07.99	1:06.95

Women 3000 Meter Steeplechase

Name	Year School	Seed	Finals
1 KEITGES, ERIN LYNN	MORNINGSIDE	11:15.10	11:16.01
2 RYAN, LISA	UNATTACHED	11:45.00	11:27.45
3 WARNKE, SAMANTHA	DAKOTA STATE	11:55.00	12:21.25

Women 4x100 Meter Relay

School	Seed	Finals
1 DAKOTA WESLEYAN 'A'	47.63	48.02
2 SIOUX FALLS UNIV 'A'	48.47	48.41

3 DORDT 'A'	48.60	48.64
1) FRANJE, SARAH	2) VANDER ZEE, CRYSTAL	
3) BROUWER, JENNA	4) WUBBEN, BRIANA	

Women 4x200 Meter Relay

School	Seed	Finals
1 DAKOTA WESLEYAN 'A'		1:43.63
2 SIOUX FALLS UNIV 'A'		1:45.04

Women 4x400 Meter Relay

School	Seed	Finals
1 DORDT 'A'	3:57.00	3:56.75
1) VAN BEEK, KARI	2) TROOST, KAITLIN	
3) BROUWER, JENNA	4) KROEZE, KENDRA	
2 SIOUX FALLS UNIV 'A'	3:54.20	3:56.79
3 MORNINGSIDE 'A'	4:01.23	4:05.64
1) HUDELSON, JESSICA	2) SEIER, NICOLE	
3) HOEFS, HEATHER	4) MATHES, BREANNA	

Women High Jump

Name	Year School	Seed	Finals	
1 GILBERT, SARAH	SIOUX FALLS	5-05.00	5-04.00	1.62m
1 ROWE, DANIELLE	DAKOTA STATE	5-05.00	5-04.00	1.62m
-- JOSEPHSEN, NICOLE	SIOUX FALLS	5-01.00	NH	

Women Pole Vault

Name	Year School	Seed	Finals	
1 FRIESEN, KAYLA	SIOUX FALLS	12-01.50	12-01.00	3.68m
2 KILLOUGH, KRISTIN	SIOUX FALLS	11-07.00	J12-01.00	3.68m
3 JACOBS, SHELLY	SIOUX FALLS	10-03.25	10-07.00	3.22m
-- SKAGGS, ADRIANNE	SIOUX FALLS	9-07.00	NH	
-- GROSS, BRIGITTE	SIOUX FALLS	12-08.00	NH	

Women Long Jump

Name	Year School	Seed	Finals	Wind
1 GILBERT, SARAH	SIOUX FALLS	17-10.75	5.71m	NWI 18-09.00
2 VANDER ZEE, CRYSTAL	DORDT	17-04.75	5.57m	NWI 18-03.25
3 WUBBEN, BRIANA	DORDT	17-00.75	5.50m	NWI 18-00.50
4 TROOST, KAITLIN	DORDT	17-00.75	5.17m	NWI 16-11.50
5 MAAS, KARA	SIOUX FALLS	15-11.75	5.00m	NWI 16-05.00

Women Triple Jump

Name	Year School	Seed	Finals	Wind
1 GILBERT, SARAH	SIOUX FALLS	37-07.75	11.61m	NWI 38-01.25
2 VANDER ZEE, CRYSTAL	DORDT	36-05.00	11.20m	NWI 36-09.00
3 MAAS, KARA	SIOUX FALLS	34-03.00	10.56m	NWI 34-07.75
4 WACHOLZ, LINDSEY	SIOUX FALLS	34-05.50	10.36m	NWI 34-00.00

Women Shot Put

Name	Year School	Seed	Finals	
1 LAVEA, DONNA	DAKOTA STATE	45-01.00	13.52m	44-04.25
1 MCNAUGHTON, LIANNE	UNIVERSITY OF NE		13.52m	44-04.25
3 NIELSEN, KRISTEN	AUGUSTANA	41-00.25	11.45m	37-06.75
4 HEALY, BRIDGET	SIOUX FALLS	38-05.50	11.37m	37-03.75
5 HOFF, KELLI	SIOUX FALLS	38-07.75	10.90m	35-09.25
6 DENNIS, AVERY	SIOUX FALLS	37-06.75	10.70m	35-01.25
7 DUNBAR, JESSIE	SIOUX FALLS	32-04.25	9.61m	31-06.50

Women Discus Throw

Name	Year School	Seed	Finals
1 WAY, CAITLIN	UNATTACHED	147-08	43.20m 141-09
2 LEMS, SABLE	NORTHWESTERN	18-06.25	39.70m 130-03
3 HEALY, BRIDGET	SIOUX FALLS	28-05.25	38.94m 127-09
4 KRUSE, RACHEL	SIOUX FALLS	23-09.75	38.00m 124-08
5 HOFF, KELLI	SIOUX FALLS	126-00	37.56m 123-03
6 DENNIS, AVERY	SIOUX FALLS	31-03.75	36.40m 119-05
7 NIELSEN, KRISTEN	AUGUSTANA	121-05	35.95m 117-11
8 DUNBAR, JESSIE	SIOUX FALLS	95-07	30.15m 98-11
-- BAXTER, AUBREY	UNATTACHED	154-05	ND

Women Hammer Throw

Name	Year School	Seed	Finals
1 DENHERDER, KARA	NORTHWESTERN	153-04	46.60m 152-11
2 WAY, CAITLIN	UNATTACHED	44-10.50	42.20m 138-05
3 KRUSE, RACHEL	SIOUX FALLS	18-08.75	32.70m 107-03
-- BAXTER, AUBREY	UNATTACHED	02-08.50	ND
-- VELK, KIM	MOUNT MARTY	06-09.25	ND
-- MACK, JENNY	SD STATE	173-11	ND

Women Javelin Throw

Name	Year School	Seed	Finals
1 GILBERT, SARAH	SIOUX FALLS	39.05m	36.48m 119-08
2 JACKSON, MELISSA	AUGUSTANA	33.00m	33.31m 109-03
3 KRUSE, RACHEL	SIOUX FALLS	31.53m	29.84m 97-11
-- VELK, KIM	MOUNT MARTY	28.50m	ND

Men 100 Meter Dash

Name	Year School	Seed	Finals	Wind
1 PFEIFLE, NIC	DORDT	11.20	11.10	1.3
2 KOTH, COLIN	SIOUX FALLS	11.22	11.18	1.3
3 OSAE-OPANG, ROLAND	DORDT	11.25	11.35	1.3
4 KABRUD, JACOB	SIOUX FALLS	11.39	11.49	1.3
5 FLOEN, AARON	DORDT	11.25	11.57	1.3
6 JACKSON, STEVE	UNATTACHED	11.20	11.64	1.3

Men 200 Meter Dash

Name	Year School	Seed	Finals	Wind
1 PFEIFLE, NIC	DORDT	21.80	22.28	NWI
2 KOTH, COLIN	SIOUX FALLS	21.64	22.29	NWI
3 VELGERSDYK, BRADY	SIOUX FALLS	22.91	23.37	NWI
4 KABRUD, JACOB	SIOUX FALLS	23.81	23.80	NWI
5 ZUKE, ALEX	SIOUX FALLS	22.95	23.99	NWI

Men 800 Meter Run

Name	Year School	Seed	Finals
1 COY, ANDY	DAKOTA STATE	1:53.25	1:52.02
2 VANPEURSEM, TYLER	DAKOTA STATE	1:53.20	1:52.06
3 IRVINE, LEE	DICKINSON ST	1:53.84	1:52.64
4 LARSEN, MONTE	MORNINGSIDE	1:54.01	1:53.86
5 CHAMPAN, TAYLOR	MORNINGSIDE	1:55.00	1:54.75
6 EEKHOFF, MARK	DORDT	1:52.90	1:54.78
7 CHRISTENSEN, DAVID	DORDT	1:55.00	1:55.19
8 KOSGEI, TITUS	MOUNT MARTY	1:53.48	1:56.01
9 THOLEN, RYAN	DORDT	1:54.50	1:56.55
10 LUTTJEBOER, JOSIAH	DORDT	1:52.90	1:56.56
11 VAN SCHEPEN, BRENT	DORDT	1:55.00	1:57.15

12	GRAF, EDWIN	MORNINGSIDE	1:58.34	1:59.11
13	QUENZER, ANDY	DAKOTA STATE	1:59.90	2:00.41
14	SCHLOBOHM, JERAD	DAKOTA STATE	2:00.10	2:02.46

Men 1500 Meter Run

Name	Year School	Seed	Finals
1	FIDELER, MATT	DAKOTA STATE	3:59.00 3:57.19
2	DREALAN, ANTHONY	DAKOTA STATE	3:56.20 3:59.91
3	BERKNESS, DEVON	DAKOTA STATE	4:10.00 4:10.91
4	CHRISTENSEN, DAVID	DORDT	4:00.00 4:11.62
5	HOFFMAN, MICHAEL	DAKOTA STATE	4:25.00 4:26.19

Men 400 Meter Hurdles

Name	Year School	Seed	Finals
1	LARSEN, MONTE	MORNINGSIDE	53.68 53.56
2	ZENK, MITCHELL	MOUNT MARTY	57.18 57.31

Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals
1	BOYLE, DUSTIN	SIOUX FALLS	10:40.00 10:58.67
2	WARD, CHASE	SIOUX FALLS	11:25.00 11:38.48
3	VOSS, TYLER	SIOUX FALLS	11:25.00 11:54.86

Men 4x100 Meter Relay

School	Seed	Finals
1 SIOUX FALLS UNIV 'A'	42.76	43.02

Men 4x400 Meter Relay

School	Seed	Finals
1 DORDT 'A'	3:16.98	3:21.48
1) WOLTERSTORFF, TREVOR		
2) HENDERSON, ALEX		
3) PFEIFLE, NIC		
4) LUTTJEBOER, JOSIAH		
2 UNATTACHED 'A'		3:23.61
3 SIOUX FALLS UNIV 'A'	3:15.66	3:23.96

Men High Jump

Name	Year School	Seed	Finals
1 BAUDER, ERIC	UNATTACHED	6-02.75	6-07.00 2.00m
2 LOPOUR, TREVOR	MOUNT MARTY	6-09.00	6-05.00 1.95m
2 GASS, RYAN	MORNINGSIDE	6-09.75	6-05.00 1.95m
-- THOMPSON, FRANK	DAKOTA WESLE	6-08.00	NH

Men Pole Vault

Name	Year School	Seed	Finals
1 FRANCIS, SHAWN	TEAM NODAK	17-08.50	4.95m 16-02.75
2 EHRISMAN, REID	UNATTACHED		4.80m 15-09.00
3 ELLSWORTH, ANDREW	SIOUX FALLS	15-05.00	4.65m 15-03.00
3 SCHENAVAR, BRIAN	SIOUX FALLS	15-00.00	4.65m 15-03.00
5 COFFEE, CALEB	SIOUX FALLS	14-09.00	4.50m 14-09.00
6 KUNKLE, JAKE	SIOUX FALLS	14-03.25	4.20m 13-09.25
7 FRANCIS, KYLE	UNATTACHED		3.90m 12-09.50
-- SCHENAVAR, GREG	UNATTACHED		NH

Men Long Jump

Name	Year School	Seed	Finals	Wind
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1	RYAN, JON	SIOUX FALLS	23-06.75	6.95m	NWI	22-09.75
2	JOHNSON, ETHAN	SIOUX FALLS	23-02.75	6.91m	NWI	22-08.00
3	HOLLEMAN, TREVOR	SIOUX FALLS	22-09.25	6.88m	NWI	22-07.00
4	KING, AUSTIN	SIOUX FALLS	23-01.75	6.79m	NWI	22-03.50
5	JACKSON, STEVE	UNATTACHED	22-03.75	6.53m	NWI	21-05.25
--	ROPER, DANIEL	UNATTACHED	23-08.75	ND	NWI	

Men Triple Jump

Name	Year	School	Seed	Finals	Wind
1	JOHNSON, REID	UNATTACHED	49-09.25	15.06m	NWI 49-05.00
2	BRIDGMAN, NATHAN	SIOUX FALLS	46-08.75	14.31m	NWI 46-11.50
3	FOSSUM, DERRIK	DAKOTA WESLE	45-11.75	14.18m	NWI 46-06.25
4	KRUEGER, TIM	SIOUX FALLS	42-02.00	12.45m	NWI 40-10.25
--	RYAN, JON	SIOUX FALLS	44-05.25	ND	NWI
--	HOLLEMAN, TREVOR	SIOUX FALLS	44-02.75	ND	NWI

Men Shot Put

Name	Year	School	Seed	Finals
1	WHIPPLE, DAN	SIOUX FALLS	44-08.75	13.40m 43-11.75
2	LAVERANZ, LANDON	SIOUX FALLS	37-11.25	11.38m 37-04.00
3	HAUGER, HENRY	UNATTACHED	36-01.25	10.79m 35-05.00
--	NELSON, ROBERT	JAMETOWN COLLEGE	48-04.50	ND

Men Discus Throw

Name	Year	School	Seed	Finals
1	DANIELS, JOSH	SIOUX FALLS	48-03.75	47.70m 156-06
2	VERSTEEG, JAKE	SIOUX FALLS	35-11.75	39.60m 129-11
3	WHIPPLE, DAN	SIOUX FALLS	23-06.50	35.10m 115-02
4	KRUSE, TIM	SIOUX FALLS		34.47m 113-01
5	LAVERANZ, LANDON	SIOUX FALLS	117-08	33.80m 110-11
6	HAUGER, HENRY	UNATTACHED	14-10.25	28.77m 94-05
--	NELSON, ROBERT	JAMETOWN COLLEGE	59-10.75	ND

Men Hammer Throw

Name	Year	School	Seed	Finals
1	DANIELS, JOSH	SIOUX FALLS	43-06.75	44.90m 147-04
2	VERSTEEG, JAKE	SIOUX FALLS	54-04.25	44.50m 146-00
3	KRUSE, TIM	SIOUX FALLS	23-02.25	37.00m 121-05
4	WHIPPLE, DAN	SIOUX FALLS	03-10.75	32.80m 107-07

Men Javelin Throw

Name	Year	School	Seed	Finals
1	BUEHLER, DYLAN	AUGUSTANA	54.27m	56.19m 184-04
2	VERSTEEG, JAKE	SIOUX FALLS	52.20m	54.12m 177-07
3	FLOEN, AARON	DORDT	35.00m	50.18m 164-07
4	HEDGEPEETH, STEVE	UNATTACHED	52.00m	47.86m 157-00
5	KRUSE, TIM	SIOUX FALLS	46.14m	45.84m 150-05
6	WHIPPLE, DAN	SIOUX FALLS	35.00m	34.61m 113-06