



Wildcat Open
Wayne State College Rec Center
 Friday - Saturday – December 11-12, 2009
Tentative - Time Schedule



FRIDAY – MULTI-EVENTS

- 5:00 pm – Women’s 55m Hurdles
- 5:15 pm – Men’s 55m Dash
- 5:35 - 6:10 pm – Women’s High Jump
- 5:50 – 6:25 pm – Men’s Long Jump
- 6:45 – 7:00 pm – Women’s Shot Put
- 7:00 - 7:15 pm – Men’s Shot Put
- 7:30 – 7:50 pm – Women’s Long Jump
- 7:45 – 8:15 pm – Men’s High Jump
- 8:20 pm – Women’s 800m (Final Event)

SATURDAY – MULTI-EVENTS

- 8:30 am – Men’s 55m Hurdles
- 9:05 am – Men’s Pole Vault
- 10:45 am – Men’s 1000m Run (Final Event)

SATURDAY - FIELD EVENTS

| | | | | |
|--|--------------|-------|----------------|-----------------|
| 11:00 am | Weight Throw | Women | Prelims/Finals | Men to Follow |
| 11:00 am | Long Jump | Women | Prelims/Finals | Men to Follow |
| 11:00 am | High Jump | Men | Finals | Women to Follow |
| 11:00 am | Pole Vault | Women | Finals | Men to Follow |
| Following completion of weight throw | | | | |
| | Shot Put | Women | Prelims/Finals | Men to Follow |
| Following completion of the long jump | | | | |
| | Triple Jump | Women | Prelims/Finals | Men to Follow |

SATURDAY - RUNNING EVENTS

| | | | |
|----------------|----------------|-------|-----------------------------------|
| 12:30 pm | 55m Hurdles | Women | Prelim |
| 12:40 pm | 55m Hurdles | Men | Prelim |
| 12:50 pm | 55m Dash | Women | Prelim |
| 1:00 pm | 55m Dash | Men | Prelim |
| 1:10 pm | Mile Run | Women | Final |
| 1:20 pm | Mile Run | Men | Final |
| 1:30 pm | 400 m Dash | Women | Final |
| 1:40 pm | 400 m Dash | Men | Final |
| 1:50 pm | 600 m Run | Women | Final |
| 2:00 pm | 600 m Run | Men | Final |
| 2:10 pm | 55 m Hurdles | Men | Final * Note men are first |
| 2:15 pm | 55 m Hurdles | Women | Final |
| 2:20 pm | 55 m Dash | Women | Final |
| 2:25 pm | 55 m Dash | Men | Final |
| 2:30 pm | 800 m Run | Women | Final |
| 2:40 pm | 800 m Run | Men | Final |
| 2:50 pm | 1000 m Run | Women | Final |
| 3:00 pm | 1000 m Run | Men | Final |
| 3:10 pm | 200 m Dash | Women | Final |
| 3:20 pm | 200 m Dash | Men | Final |
| 3:30 pm | 3000 m Run | Women | Final |
| 3:45 pm | 3000 m Run | Men | Final |
| 3:55 pm | 4 x 400 Relay | Women | Final |
| 4:00 pm | 4 x 400 Relay | Men | Final |
| 4:15 pm | Results | | |