

Dordt Indoor Invitational - 1/15/2011
Sioux Center, IA
Results

Women 55 Meter Dash

Name	Year School	Finals	H#
Finals			
1 Irvin, Tamika	Dakota Wesleyan	7.41	5
2 Moyer, Dani	Usf	7.49	5
3 Kroupa, Mel	Usf	7.51	5
4 Cooperwood, Neeia	Morningside	7.54	5
5 Beldt, Katie	Briar Cliff	7.59	4
6 Suss, Holly	Usf	7.61	5
7 Lenge, Kristina	Usf	7.61	4
8 Reinhardt, Lindsay	unattached	7.66	4
9 Vander Zee, Crystal	Dordt	7.68	3
10 Knight, Kendra	unattached	7.71	4
11 Wensmann, Leah	Usf	7.75	5
12 Thomas, Kailey	Dakota Wesleyan	7.76	2
13 Lindgren, Aubrey	Northwestern	7.78	3
14 Suchor, Kristen	Usf	7.86	3
15 Josephsen, Nicole	Usf	7.87	3
16 Bedard, Becca	Becca Bedard	7.90	1
17 Breuer, Katie	Mount Marty College	7.92	2
18 Schneider, Ashley	Northwestern	8.06	3
19 Uher, Stephanie	Dakota State	8.11	4
20 Tatou, Nancy	Briar Cliff	8.20	1
21 Raab, Katie	Northwestern	8.23	1
22 Romero Sarubbi, Giovanna	Dordt	8.25	1
23 Sikkema, Christy	Dordt	8.26	2
24 Thompson, Lyndze	Briar Cliff	8.33	1
25 Fischer, Karen	Dordt	8.60	2
26 Bruce, Sarah	Mount Marty College	8.77	1

Women 200 Meter Dash

Name	Year School	Finals	H#
1 Irvin, Tamika	Dakota Wesleyan	26.13	6
2 Knight, Kendra	unattached	26.43	6
3 Cooperwood, Neeia	Morningside	27.09	6
4 Moyer, Dani	Usf	27.26	6
5 Glisar, Megan	Morningside	27.29	6
6 Beldt, Katie	Briar Cliff	27.53	5
7 Suss, Holly	Usf	27.57	5
8 Anderson, Conner	Usf	27.70	5
9 Stauffer, Mariah	Morningside	27.75	4
10 Bedard, Becca	Becca Bedard	27.97	3
11 Josephsen, Nicole	Usf	28.18	5
12 Vander Zee, Crystal	Dordt	28.18	5
13 Schneider, Ashley	Northwestern	28.42	4
14 Suchor, Kristen	Usf	28.52	5
15 Van Beek, Kari	Dordt	28.54	4
16 Moerman, Lindsey	Dordt	28.67	2
17 Lindgren, Aubrey	Northwestern	28.83	3
18 Bronson, Summer	Dakota State	29.41	4
19 Thompson, Lyndze	Briar Cliff	29.41	1
20 Vaandrager, Chelsea	Dordt	29.65	4
21 Lieuwen, Katelyn	Dordt	29.67	3

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....Women 200 Meter Dash

22 Raab, Katie	Northwestern	29.92	1
23 Tatou, Nancy	Briar Cliff	29.98	2
24 Brown, Abby	Morningside	30.16	3
25 Jeppesen, Tena	Northwestern	30.28	2
26 Fischer, Karen	Dordt	30.73	3
27 Jurrens, Nicole	Dakota State	31.31	2
28 Anderson, Emily	Mount Marty College	31.63	3
29 Current, Megan	Northwestern	31.90	2
30 Bruce, Sarah	Mount Marty College	33.71	1

Women 400 Meter Dash

Name	Year School	Finals	H#
1 Knight, Kendra	unattached	57.89	4
2 Kroupa, Mel	Usf	58.95	4
3 Bonnema, Katie	Dordt	59.67	4
4 Reinhardt, Lindsay	unattached	59.94	4
5 Wensmann, Leah	Usf	1:02.01	4
6 Lenge, Kristina	Usf	1:02.31	4
7 Borer, Madison	Briar Cliff	1:02.53	3
8 Uher, Stephanie	Dakota State	1:02.71	3
9 Walhof, Megan	Northwestern	1:02.79	3
10 Bienlien, Lydia	Morningside	1:02.87	2
11 Specht, Jayna	Briar Cliff	1:03.68	3
12 Postma, Tara	Dordt	1:03.69	3
13 Thomas, Kailey	Dakota Wesleyan	1:04.45	3
14 Kates, Gabbi	Briar Cliff	1:05.18	2
15 Syverson, Alison	Usf	1:05.31	2
16 Pederson, Jessie	Dakota Wesleyan	1:05.47	2
17 Beck, Claire	Dakota State	1:05.86	1
18 Rensink, Lori	Usf	1:07.12	1
19 Timmer, Megan	Northwestern	1:07.58	2
20 Jurrens, Nicole	Dakota State	1:11.56	1

Women 600 Meter Run

Name	Year School	Finals	H#
1 Hobbs, Brianna	Northwestern	1:40.55	2
2 Koerner, Lillie	Dordt	1:42.03	2
3 Niewenhuis, Jackie	Northwestern	1:45.55	2
4 Schany, Blake	Morningside	1:46.01	1
5 Weborg, Jessica	Morningside	1:46.17	2
6 Wiggins, Rebecca	Northwestern	1:55.18	2
7 Stahr, Alyssa	Briar Cliff	1:57.77	2
8 Wiebenga, Amber	Dakota State	2:11.38	1
9 Schultz, Sara	Dakota State	2:13.06	1

Women 800 Meter Run

Name	Year School	Finals
1 Mathes, Breanna	Morningside	2:18.74
2 Ryan, Lisa	unattached	2:21.29

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....Women 800 Meter Run

3	Kerkvliet, Teresa	Northwestern	2:21.60
4	Heitkamp, Hailee	Morningside	2:22.37
5	Reece, Mckenzie	Morningside	2:23.79
6	Wilgenburg, Whitney	Dordt	2:24.25
7	Duncan, Nichole	Dordt	2:27.87
8	Edwardson, Sara	Northwestern	2:28.02
9	Wittenberg, Sarah	Northwestern	2:30.81
10	De Vries, Abby	Dordt	2:31.48
11	Waddell, Cecily	Morningside	2:32.16
12	Myers, Alyssa	Briar Cliff	2:33.62
13	Sahagian, Samantha	Dordt	2:37.69
14	Vander Woude, Briana	Dordt	2:39.95
15	Uthe, Beth	Mount Marty College	2:40.81
16	Finnegan, Beth	Mount Marty College	2:42.52
17	Gupman, Kayleen	Dakota Wesleyan	2:43.16
18	Fischer, Brooke	Mount Marty College	2:44.02
19	Johnson, Michelle	Usf	2:48.83
20	Banister, Heather	Dakota Wesleyan	3:00.81

Women 1000 Meter Run

Name	Year	School	Finals	
1		Mathes, Breanna	Morningside	3:08.17
2		Gildersleeve, Dawn	Northwestern	3:10.84
3		Stover, Leslie	Northwestern	3:19.74
4		Myers, Alyssa	Briar Cliff	3:26.26
5		VonRumpf, Kat	Briar Cliff	3:39.67
6		Banister, Heather	Dakota Wesleyan	3:41.66
7		Stahr, Alyssa	Briar Cliff	3:43.92
8		Schultz, Sara	Dakota State	3:50.37
9		Wiebenga, Amber	Dakota State	3:51.80
10		Chihak, Abigail	Briar Cliff	4:26.43

Women 1 Mile Run

Name	Year	School	Finals	
1		Pettie, Shelbie	Usf	5:32.50
2		Steadman, Becca	Usf	5:32.88
3		Fly, Kaylee	Mount Marty College	5:38.59
4		Ruff, Courtney	Morningside	5:41.89
5		Ausborn, Nicole	Morningside	5:45.63
6		Aycock, Lauren	Northwestern	5:51.92
7		Diggs, Olivia	Morningside	5:52.54
8		King, Carrie	Usf	5:52.93
9		Shepherd, Tabitha	Morningside	6:07.51
10		Mettler, Lindsey	Usf	6:23.41
11		VonRumpf, Kat	Briar Cliff	6:28.09
12		Watt, Sara	Usf	6:29.93
13		Lenocker, Aimee	Dakota Wesleyan	6:36.93
14		Wilhelm, Joleen	Northwestern	7:14.86
15		Chihak, Abigail	Briar Cliff	7:43.35

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Women 3000 Meter Run

Name	Year School	Finals
1 Unruh, Ashley	Usf	10:27.94
2 Steiger, Michelle	Dordt	10:43.64
3 Weborg, Jessica	Morningside	10:55.61
4 Ford, Lydia	Morningside	10:58.33
5 Ruff, Courtney	Morningside	10:59.75
6 VanSlike, Amy	Northwestern	11:00.37
7 Kral, Jenna	Morningside	11:12.87
8 Opp, Lauren	Dordt	11:18.83
9 Sandbulte, Amber	Northwestern	11:27.67
10 Diggs, Olivia	Morningside	11:32.08
11 Ausborn, Nicole	Morningside	11:32.37
12 Orlow, Hannah	Dordt	11:48.76
13 Muyskens, Corrine	Northwestern	12:10.04
14 Dykstra, Leah	Northwestern	12:15.08
15 Mikkelsen, Brittney	Mount Marty College	12:18.96
16 Babinat, Jackie	Northwestern	12:23.09
17 McInnis, Jill	Northwestern	12:40.53
18 Witt, Talitha	Northwestern	12:44.11
19 Lenocker, Aimee	Dakota Wesleyan	13:01.45
20 Droog, Katie	Dordt	13:09.38
-- Mills, Stacia	Dordt	DNF

Women 55 Meter Hurdles

Name	Year School	Finals	H#
1 Vander Woude, Briana	Dordt	8.38	4
2 Anderson, Conner	Usf	8.77	4
3 Stevens, Elizabeth	Northwestern	9.15	3
4 Stauffer, Mariah	Morningside	9.32	3
5 Bronson, Summer	Dakota State	9.52	4
6 Brown, Abby	Morningside	9.63	3
7 Rensink, Lori	Usf	9.65	2
8 Howrey, Alex	Morningside	9.87	2
9 Bowar, Shannon	Northwestern	9.99	2
10 Current, Megan	Northwestern	10.00	1
11 Jeppesen, Tena	Northwestern	10.06	2
12 Eszlinger, Jamie	Mount Marty College	10.37	4
13 Arlt, Kayla	Morningside	10.37	2
14 Logan, Haley	Mount Marty College	10.38	1
15 Syverson, Alison	Usf	10.40	4
16 Bruce, Sarah	Mount Marty College	10.68	1

Women 4x400 Meter Relay

School	Finals	H#
1 Usf 'A'	4:09.94	3
2 Morningside 'A'	4:10.80	3
3 Dordt 'A'	4:11.37	3
4 Northwestern College 'A'	4:13.09	3
5 Briar Cliff 'A'	4:13.10	3
6 Morningside 'B'	4:17.64	2

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....Women 4x400 Meter Relay

7	Dakota State	'A'	4:20.97	2
8	Dordt	'B'	4:23.51	2
9	Mount Marty College	'A'	4:35.49	3
10	Morningside	'C'	4:35.55	1
11	Usf	'C'	4:36.70	1
12	Mount Marty College	'B'	4:38.92	1

Women High Jump

Name	Year	School	Finals	
1 Glisar, Megan		Morningside	1.76m	5-09.25
2 Vander Woude, Briana		Dordt	1.64m	5-04.50
3 Casey, Caitlin		Morningside	1.54m	5-00.50
3 Berg, Jenna		Briar Cliff	1.54m	5-00.50
5 Schaaf, Kristy		Briar Cliff	1.49m	4-10.50
6 Fossum, Abby		Dakota Wesleyan	1.44m	4-08.75
7 Josephsen, Nicole		Usf	J1.44m	4-08.75
-- Logan, Haley		Mount Marty College	NH	
-- Anderson, Emily		Mount Marty College	NH	

Women Pole Vault

Name	Year	School	Finals	
1 Coffee, Kayla		unattached	12-07.00	3.83m
2 Killough, Kristin		Usf	12-01.00	3.68m
3 Koch, Samantha		Usf	11-07.00	3.53m
4 Breuer, Katie		Mount Marty College	11-01.00	3.37m
5 Sawtelle, Katlin		Usf	10-07.00	3.22m
6 Tacoma, Christina		Dordt	9-07.00	2.92m
-- Rutcosky, Katie		Usf	NH	
-- DeJong, Kim		Northwestern	NH	

Women Long Jump

Name	Year	School	Finals	
1 Vander Woude, Briana		Dordt	5.35m	17-06.75
2 Cooperwood, Neeia		Morningside	5.21m	17-01.25
3 Moyer, Dani		Usf	5.19m	17-00.50
4 Vander Zee, Crystal		Dordt	5.05m	16-07.00
5 Vandenberg, Abbey		Mount Marty College	4.98m	16-04.25
6 Josephsen, Nicole		Usf	4.86m	15-11.50
7 Stevens, Elizabeth		Northwestern	4.69m	15-04.75
8 Brown, Abby		Morningside	4.68m	15-04.25
8 Moerman, Lindsey		Dordt	4.68m	15-04.25
10 Spurgin, Shannon		Dakota State	4.61m	15-01.50
11 Troost, Kaitlin		Dordt	4.60m	15-01.25
12 Pederson, Jessie		Dakota Wesleyan	4.54m	14-10.75
13 Austin, Allyson		Northwestern	4.50m	14-09.25
14 Bowar, Shannon		Northwestern	4.44m	14-07.00
15 Eszlinger, Jamie		Mount Marty College	4.40m	14-05.25
16 Anderson, Emily		Mount Marty College	4.31m	14-01.75
17 Bucher, Ellen		Briar Cliff	4.25m	13-11.50

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18 Benjamin, Liz	Briar Cliff	4.21m	13-09.75
-- Townley, Kristen	Usf	ND	

Women Triple Jump

Name	Year School	Finals	
1 Vander Zee, Crystal	Dordt	10.88m	35-08.50
2 Benjamin, Liz	Briar Cliff	10.43m	34-02.75
3 Vandenberg, Abbey	Mount Marty College	10.36m	34-00.00
4 Austin, Allyson	Northwestern	10.21m	33-06.00
5 Wacholz, Lindsey	Usf	9.80m	32-02.00
6 Bucher, Ellen	Briar Cliff	9.75m	32-00.00
7 Anderson, Emily	Mount Marty College	9.66m	31-08.50
8 Moerman, Lindsey	Dordt	9.64m	31-07.50
9 Troost, Kaitlin	Dordt	9.56m	31-04.50
10 Eszlinger, Jamie	Mount Marty College	9.39m	30-09.75
11 Fossum, Abby	Dakota Wesleyan	9.26m	30-04.75

Women Shot Put

Name	Year School	Finals	
1 Cockerill, Tara	Briar Cliff	13.06m	42-10.25
2 Sawtelle, Callan	Usf	12.10m	39-08.50
3 Healy, Bridget	Usf	11.58m	38-00.00
4 Wieseler, Sarah	Briar Cliff	11.14m	36-06.75
5 Fry, Danielle	Northwestern	10.97m	36-00.00
6 Whipple, Marissa	Usf	10.85m	35-07.25
7 Stevens, Elizabeth	Northwestern	10.79m	35-05.00
8 Donkersloot, Jenna	Usf	10.36m	34-00.00
9 McMacken, Kaylee	Usf	10.23m	33-06.75
10 Vander Woude, Briana	Dordt	10.15m	33-03.75
11 Dwyer, Shayna	Dakota State	9.46m	31-00.50
12 Dunbar, Jessie	Usf	9.34m	30-07.75
13 Bishop, Adrienne	Northwestern	9.30m	30-06.25
14 Holz, Emily	Dordt	8.92m	29-03.25
15 Bowar, Shannon	Northwestern	8.73m	28-07.75
16 Logan, Haley	Mount Marty College	8.31m	27-03.25
17 Pastoor, Vanessa	Dordt	6.87m	22-06.50
18 Eszlinger, Jamie	Mount Marty College	5.68m	18-07.75

Women Weight Throw

Name	Year School	Finals	
1 Kruse, Rachel	Usf	14.69m	48-02.50
2 Whipple, Marissa	Usf	12.62m	41-05.00
3 McMacken, Kaylee	Usf	12.15m	39-10.50
4 Maynard, Laura	Morningside	11.97m	39-03.25
5 Fry, Danielle	Northwestern	11.59m	38-00.25
6 Pearson, Brittany	Dakota State	11.20m	36-09.00
7 Healy, Bridget	Usf	10.92m	35-10.00
8 Donkersloot, Jenna	Usf	10.31m	33-10.00
9 Bishop, Adrienne	Northwestern	8.89m	29-02.00

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10	Murphy, Caitlan	Briar Cliff	7.85m	25-09.25
11	Holz, Emily	Dordt	7.23m	23-08.75
12	Carman, Brittany	Dordt	6.38m	20-11.25
--	Dwyer, Shayna	Dakota State	ND	
--	Pastoor, Vanessa	Dordt	ND	

Men 55 Meter Dash

Name	Year	School	Finals	H#
1	Acheampong, Sam	Briar Cliff	6.31	7
2	Boomsma, Seth	unattached	6.43	7
3	Huseman, Mike	Morningside	6.57	5
4	Hammack, Brandon	Northwestern	6.60	7
5	Dunk, Jeriah	Northwestern	6.62	7
6	Koth, Colin	Unattached	6.64	6
7	Henderson, Alex	Dordt	6.65	6
8	Handel, Tyler	Usf	6.68	6
9	Selgeby, Jesse	Northwestern	6.71	7
10	Berg, Stacey	Dakota State	6.73	7
11	Micalef, Jade	unattached	6.75	3
12	Forrest, Travaris	Northwestern	6.80	6
13	Nibaur, Preston	Morningside	6.85	3
14	Floen, Aaron	Dordt	6.87	5
15	Moore, Parker	Northwestern	6.87	4
16	Lammers, Joseph	Dordt	6.90	5
17	Wallace, Frank	Briar Cliff	6.90	3
18	Cisar, Patrick	Briar Cliff	6.91	4
19	Osae-Opong, Roland	unattached	6.93	5
20	Micalef, Jordan	Northwestern	6.95	4
21	Benitez, Anthony	Briar Cliff	6.96	3
22	Kabrud, Jacob	Kabrud	7.00	5
23	Hooks, William	Briar Cliff	7.01	6
24	Cannon, Charles	Northwestern	7.04	3
25	Menzie, Robert	Usf	7.07	1
26	Vermeer, Tyler	Northwestern	7.07	2
27	Kinney, Kyle	Morningside	7.11	2
28	Hooks, James	unattached	7.35	1
29	Monson, Joshua	Mount Marty College	7.35	1
30	Hohenthauer, Neil	Mount Marty College	7.41	2
31	Bauman, Zach	unattached	7.58	1

Men 200 Meter Dash

Name	Year	School	Finals	H#
1	Nibaur, Preston	Morningside	23.26	3
2	Lindsey-Stevens, Kaleb	unattached	23.36	4
3	Tibke, Kyle	unattached	23.53	3
4	Wallace, Frank	Briar Cliff	23.61	3
5	Floen, Aaron	Dordt	23.72	4
6	Berg, Stacey	Dakota State	23.92	3
7	Brown, Arthur	Dakota Wesleyan	24.12	2
8	Selgeby, Jesse	Northwestern	24.14	4
9	Cisar, Patrick	Briar Cliff	24.17	3

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10 Gass, Ryan	Morningside	24.49	1
11 Kabrud, Jacob	Kabrud	24.69	4
12 Benitez, Anthony	Briar Cliff	24.71	2
13 Kinney, Kyle	Morningside	24.72	1
14 Vermeer, Tyler	Northwestern	24.72	1
15 Fitzpatrick, Trevor	unattached	24.77	2
16 Hooks, William	Briar Cliff	24.84	2
17 Ludwig, Colt	Briar Cliff	24.93	2
18 Wattier, Tyler	Morningside	25.83	1
-- Trobaugh, Mike	Briar Cliff	FS	1

Men 400 Meter Dash

Name	Year School	Finals	H#
1 Koth, Colin	Unattached	50.82	5
2 Huseman, Mike	Morningside	51.07	5
3 Broadnax, Dillian	Briar Cliff	51.95	4
4 Strand, Scott	Northwestern	52.31	4
5 Lindsey-Stevens, Kaleb	unattached	53.10	5
6 Smith, Dalton	Dakota Wesleyan	53.19	4
7 Volesky, Tyler	Dakota Wesleyan	53.95	4
8 Young, Chris	Briar Cliff	54.32	3
9 Figge, Tyler	Morningside	54.69	3
10 Kruckenber, Carter	Briar Cliff	54.90	3
11 Forrest, Travaris	Northwestern	54.99	5
12 Kroeze, Tyler	Dordt	55.18	5
13 Gerdes, Alan	Briar Cliff	55.39	1
14 Morgan, Stacy	Briar Cliff	55.39	4
15 Van Wyk, Joel	Morningside	55.90	3
16 Spoelstra, Joey	unattached	56.12	4
17 DeMers, Dillon	Morningside	56.18	3
18 Boekhout, Jordan	Northwestern	59.94	1
19 Dorsey, Jordan	Northwestern	1:00.23	1

Men 600 Meter Run

Name	Year School	Finals	H#
1 Larsen, Monte	Morningside	1:20.52	3
2 Luttjeboer, Josiah	unattached	1:22.84	3
3 Tholen, Ryan	Dordt	1:23.12	3
4 Potter, Adam	Northwestern	1:25.99	3
5 Wittenberg, Zach	Northwestern	1:26.47	2
6 Giddings, Skyler	Northwestern	1:27.20	2
7 Means, Dominic	Morningside	1:29.03	2
8 Danko, Cody	Morningside	1:29.07	2
9 Engebretson, Cody	Northwestern	1:29.23	1
10 Van Briesen, Ethan	Morningside	1:29.93	2
11 Fitzpatrick, Trevor	unattached	1:30.07	3
12 Meyers, Chris	Northwestern	1:31.22	1
13 Monson, Joshua	Mount Marty College	1:31.23	2
14 Vander Molen, Jeff	Dordt	1:31.72	3
15 Hanson, Jon	Briar Cliff	1:33.06	1
16 Jensen, James	unattached	1:35.65	1

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Men 800 Meter Run

Name	Year School	Finals
1 Harris, John	Morningside	1:56.51
2 Wright, Brad	Morningside	1:57.91
3 Bierma, Tim	Dordt	1:58.72
4 Byma, Jake	Dordt	2:01.61
5 Schuler, Brandon	Northwestern	2:02.00
6 Bosch, Ben	Northwestern	2:02.37
7 Hernandez, Andrew	Dakota Wesleyan	2:02.86
8 Hansen, Dane	Mount Marty College	2:04.36
9 Aden, Grant	Morningside	2:04.99
10 McNamara, Stephan	Dordt	2:05.25
11 Koithan, Eric	Morningside	2:05.76
12 Borchers, Kyle	Morningside	2:06.07
13 Samuelson, Gabe	Dakota State	2:07.45
14 Muilenburg, Cordell	Dakota State	2:08.37
15 Stuart, Tommy	Briar Cliff	2:08.65
16 Tullock, Brandon	Usf	2:12.17
17 Bierwagen, Mychal	Mount Marty College	2:13.98
18 Buss, Jake	Dordt	2:15.65
19 Wattier, Matt	Usf	2:16.01
20 Veenstra, Devin	Dordt	2:18.04

Men 1000 Meter Run

Name	Year School	Finals
1 Larsen, Monte	Morningside	2:28.71
2 Coy, Andy	Dakota State	2:31.11
3 Welp, Jay	Morningside	2:35.93
4 Kinard, Bryce	Briar Cliff	2:37.69
5 Chapman, Taylor	Morningside	2:38.99
6 Wittenberg, Zach	Northwestern	2:41.53
7 Giddings, Skyler	Northwestern	2:43.45
8 Kischer, Trent	Dordt	2:47.86
9 Stuart, Tommy	Briar Cliff	2:51.58
10 Olson, Derrick	Unattached	2:52.31
11 Benson, Josheb	Briar Cliff	2:55.01
12 Jensen, James	unattached	2:55.16
13 Hanson, Jon	Briar Cliff	2:56.11
14 Bonnema, Brandon	Dordt	3:00.42
15 Spronk, Aaron	Dordt	3:04.67

Men 1 Mile Run

Name	Year School	Finals
1 Brockmueller, Robert	unattached	4:21.37
2 Stevensen, Blake	Usf	4:28.39
3 Tudor, Eric	Dordt	4:29.06
4 Noyes, Jared	Usf	4:30.64
5 Hovland, Logan	Northwestern	4:31.45
6 Horan, Matthew	unattached	4:32.93
7 Ehlers, Garret	Morningside	4:33.39
8 Chapman, Taylor	Morningside	4:39.91

Dordt Indoor Invitational - 1/15/2011
Sioux Center, IA
Results

....Men 1 Mile Run

9	Larscheid, Dan	Morningside	4:40.83
10	Kinard, Bryce	Briar Cliff	4:41.75
11	Penning, Nic	Dakota State	4:44.81
12	Opp, Derek	Dordt	4:49.59
13	Simenson, Derik	Morningside	4:50.45
14	Kube, Taylor	Morningside	4:52.50
15	Voss, Tyler	Usf	4:52.75
16	Groff, Kace	Morningside	4:53.40
17	Pater, Jordan	Mount Marty College	4:55.33
18	Rodriquez, Jescy	Morningside	5:00.19
19	Tjeerdsma, Trace	Dakota Wesleyan	5:00.64
20	Boyd-Raska, Mykl	Briar Cliff	5:01.91
21	Olson, Derrick	Unattached	5:03.35
22	Noyes, Joe	Usf	5:03.53
23	Bintliff, John	Dakota State	5:03.81
24	Schouten, Grant	Usf	5:04.10
25	Benson, Josheb	Briar Cliff	5:07.41
26	De Jong, Isaac	Dordt	5:08.34
27	McCleary, Paul	Northwestern	5:08.70
28	Van Dyke, Cristian	Dordt	5:09.91
29	Koeppe, Matt	Briar Cliff	5:19.11
30	Cosman, Kevin	Mount Marty College	5:28.57
31	Hoekstra, Ross	unattached	5:29.89
32	Head, Shaughn	Briar Cliff	5:40.42

Men 3000 Meter Run

Name	Year	School	Finals
1		Dakota State	8:44.54
2		Morningside	9:04.64
3		Dakota State	9:14.65
4		Dakota State	9:25.66
5		Morningside	9:27.42
6		Dordt	9:31.30
7		Morningside	9:34.16
8		Dordt	9:34.91
9		Mount Marty College	9:36.45
10		Briar Cliff	9:44.14
11		Dordt	9:45.65
12		Northwestern	9:47.15
13		Morningside	9:51.07
14		Dakota Wesleyan	10:03.51
15		Morningside	10:03.92
16		Northwestern	10:04.45
17		Northwestern	10:10.22
18		Northwestern	10:17.79
19		Briar Cliff	10:24.24
20		Mount Marty College	10:56.79
21		Briar Cliff	11:12.48

Dordt Indoor Invitational - 1/15/2011**Sioux Center, IA****Results****Men 55 Meter Hurdles**

Name	Year School	Finals	H#
1 Heidebrink, Kyle	Northwestern	8.00	3
2 Maloney, Ryan	Usf	8.02	3
3 Young, Caleb	Briar Cliff	8.36	3
4 Wattier, Tyler	Morningside	8.38	2
5 Spreeman, Cody	Briar Cliff	8.39	3
6 Trobaugh, Mike	Briar Cliff	8.52	2
7 Holloway, Chad	Morningside	8.63	2
8 Aden, Grant	Morningside	9.00	1
9 Boekhout, Jordan	Northwestern	9.40	1
10 Hohenthanner, Neil	Mount Marty College	10.20	1

Men 4x400 Meter Relay

School	Finals	H#
1 Morningside 'A'	3:22.43	3
2 Dordt 'A'	3:24.34	3
3 Northwestern College 'A'	3:29.15	3
4 Dakota Wesleyan 'A'	3:33.79	3
5 Briar Cliff 'A'	3:34.86	3
6 Dakota State 'A'	3:37.06	3
7 Dordt 'B'	3:38.76	2
8 Northwestern College 'B'	3:40.01	2
9 Morningside 'B'	3:40.03	2
10 Morningside 'D'	3:40.88	1
11 Briar Cliff 'B'	3:43.57	2
12 Mount Marty College 'A'	3:44.98	2
13 Morningside 'C'	3:46.01	1
14 Dordt 'C'	3:49.32	1
15 Usf 'B'	3:57.03	1
16 Usf 'A'	3:57.07	1

Men High Jump

Name	Year School	Finals
1 Huseman, Matt	Northwestern	2.04m 6-08.25
2 Los, Alvin	unattached	1.94m 6-04.25
3 Rife, Curtis	Morningside	1.89m 6-02.25
3 Gass, Ryan	Morningside	1.89m 6-02.25
5 DuMez, Sam	Dordt	J1.89m 6-02.25
-- Mineart, Mark	Northwestern	NH
-- Hohenthanner, Neil	Mount Marty College	NH
-- Monson, Joshua	Mount Marty College	NH

Men Pole Vault

Name	Year School	Finals
1 Schenavar, Brian	The Patriots	15-07.00 4.74m
2 Ellsworth, Andrew	The Patriots	J15-07.00 4.74m
3 Ehrisman, Reid	unattached	15-01.00 4.59m
4 Brinkerhoff, Joshua	Dordt	14-07.00 4.44m

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5	Rogers, Brandon	Usf	14-01.00	4.29m
6	Filsinger, Daniel	Mount Marty College	13-07.00	4.14m
6	Brinkerhoff, Jonathan	Dordt	13-07.00	4.14m
8	Menzie, Robert	Usf	12-07.00	3.83m
9	Gross, Andrew	Dakota State	J12-07.00	3.83m
10	Henry, Connor	Briar Cliff	12-01.00	3.68m
--	Handel, Tyler	Usf	NH	
--	Huff, Brett	unattached	NH	
--	Gorder, Jeremy	Usf	NH	

Men Long Jump

Name	Year	School	Finals	
1	Cowan, Augustus	Briar Cliff	6.88m	22-07.00
2	Gass, Ryan	Morningside	6.64m	21-09.50
3	Delacruz, Lucas	Usf	6.46m	21-02.50
4	Berg, Stacey	Dakota State	6.38m	20-11.25
5	Micalef, Jordan	Northwestern	6.14m	20-01.75
6	Van Briesen, Mitch	unattached	6.05m	19-10.25
7	Verhulst, Sam	Dordt	6.02m	19-09.00
8	Thomas, David	Briar Cliff	5.96m	19-06.75
9	Schwery, Adam	Briar Cliff	5.93m	19-05.50
10	Menzie, Robert	Usf	5.67m	18-07.25
11	Aden, Grant	Morningside	5.66m	18-07.00
12	Hohenthauer, Neil	Mount Marty College	5.62m	18-05.25
13	McQuillen, Desmond	Briar Cliff	5.52m	18-01.50
14	Beard, Ethan	Briar Cliff	5.30m	17-04.75
15	Monson, Joshua	Mount Marty College	5.13m	16-10.00
--	Sieperda, Rony	Usf	ND	
--	Hooks, James	unattached	ND	
--	Garcia, DeVonte	Dakota State	ND	

Men Triple Jump

Name	Year	School	Finals	
1	Cowan, Augustus	Briar Cliff	15.02m	49-03.50
2	Fossum, Derik	Dakota Wesleyan	14.11m	46-03.50
3	Bridgman, Nathan	unattached	14.10m	46-03.25
4	Van Briesen, Mitch	unattached	13.29m	43-07.25
5	Velgersdyk, Brady	unattached	13.26m	43-06.00
6	Thomas, David	Briar Cliff	13.15m	43-01.75
7	DuMez, Sam	Dordt	12.79m	41-11.50
8	Delacruz, Lucas	Usf	12.62m	41-05.00
9	Hooks, James	unattached	11.23m	36-10.25

Men Shot Put

Name	Year	School	Finals	
1	Simons, Andy	Morningside	14.32m	46-11.75
2	Jones, Eric	Briar Cliff	13.05m	42-09.75
3	Schwebach, Greg	Usf	12.90m	42-04.00
4	York, Cody	Briar Cliff	12.67m	41-07.00

Dordt Indoor Invitational - 1/15/2011**Sioux Center, IA****Results****...Men Shot Put**

5	Chambers, Jacob	Morningside	12.65m	41-06.00
6	Davis, Jesse	Dordt	12.16m	39-10.75
7	Bents, Jordan	Usf	12.10m	39-08.50
8	Gimbel, Ryan	Dakota State	12.00m	39-04.50
9	Pekelder, Brandon	Northwestern	11.94m	39-02.25
10	Cunningham, Jameel	Briar Cliff	11.78m	38-07.75
11	Van Ravenswaay, Chad	Northwestern	11.69m	38-04.25
12	Kelley, Dalton	Northwestern	11.17m	36-07.75
13	Siefkes, Jay	unattached	11.13m	36-06.25
14	Okkema, Dirk	Dordt	11.07m	36-04.00
15	Pastoor, Justin	Dordt	10.94m	35-10.75
16	Urrutia, Jacob	Dordt	10.63m	34-10.50
17	McKinney, Cameron	Northwestern	10.16m	33-04.00
18	Antaya, Ryan	Dakota Wesleyan	10.12m	33-02.50
19	Menzie, Robert	Usf	9.53m	31-03.25
20	Driver, Joshua	Mount Marty College	9.52m	31-03.00
21	Beard, Ethan	Briar Cliff	9.42m	30-11.00
22	Stier, Michael	Dakota Wesleyan	9.36m	30-08.50
23	Bylsma, Chris	Dordt	8.83m	28-11.75
24	Hohenthauer, Neil	Mount Marty College	8.79m	28-10.25
25	Ellis, Marshall	Briar Cliff	8.70m	28-06.50
26	Aden, Grant	Morningside	8.53m	28-00.00
27	Monson, Joshua	Mount Marty College	7.78m	25-06.25

Men Weight Throw

Name	Year	School	Finals	
1		Chambers, Jacob	Morningside	15.92m 52-02.75
2		Bents, Jordan	Usf	15.60m 51-02.25
3		Hinds, Adam	Briar Cliff	15.04m 49-04.25
4		Holstein, Jeff	Dakota Wesleyan	13.95m 45-09.25
5		Gimbel, Ryan	Dakota State	13.45m 44-01.50
6		York, Cody	Briar Cliff	13.34m 43-09.25
7		Spoelstra, Joey	unattached	12.81m 42-00.50
8		Schwebach, Greg	Usf	12.62m 41-05.00
9		Austin, Nic	Morningside	11.75m 38-06.75
10		Antaya, Ryan	Dakota Wesleyan	11.29m 37-00.50
11		Van Tilburg, Trevor	unattached	11.11m 36-05.50
12		Rossknecht, Trevor	Dakota State	10.80m 35-05.25
13		Siefkes, Jay	unattached	9.25m 30-04.25
14		Stier, Michael	Dakota Wesleyan	8.27m 27-01.75